

# National Quality Improvement Conference



Tan Tock Seng HOSPITAL

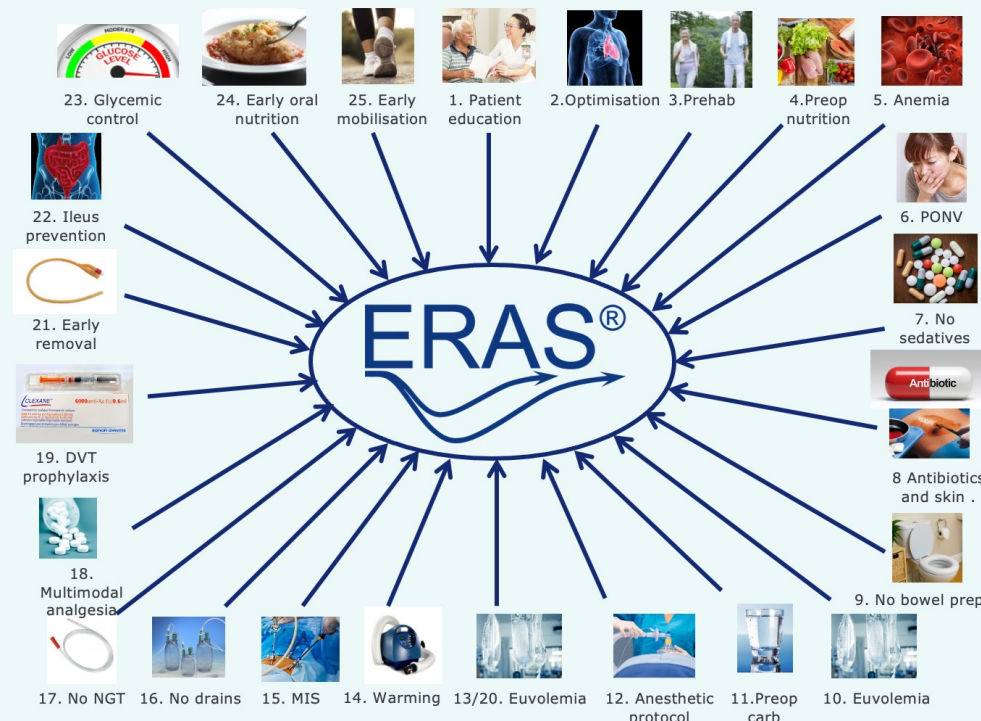
## Building Resilience In A Perioperative Care Program Through A Framework Of Implementation, Audit, Training & Innovation

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### Problem Statement

ERAS<sup>®</sup> is perioperative care protocol that helps improve surgical outcomes. This is achieved through multidisciplinary collaboration and coordination, to achieve a high (>70%) level of compliance. During the pandemic, this workflow was disrupted. This has the potential to reduce compliance to the ERAS<sup>®</sup> program and hence affect outcomes.



### Potential Solutions



The Perioperative Recovery Office (PRO) was set up in 2020 to facilitate the implementation of perioperative care services in TTSH based on the overarching framework of ERAS<sup>®</sup>, supported by 4 pillars, built upon a foundation of multidisciplinary partnerships. The 4 pillars are:

1. ERAS<sup>®</sup> Implementation Program
2. Audit and feedback
3. Training and education
4. Quality improvement and innovation

### Project Aim

To evaluate if existing ERAS<sup>®</sup> programs can still be performed effectively during the pandemic and new programs implemented successfully, despite major disruptions.

- Outcome measures
- 📊 Length of stay
  - 📊 Complications
  - 📊 Compliance to ERAS<sup>®</sup>
  - 📊 Readmissions

### Outcomes & Impacts

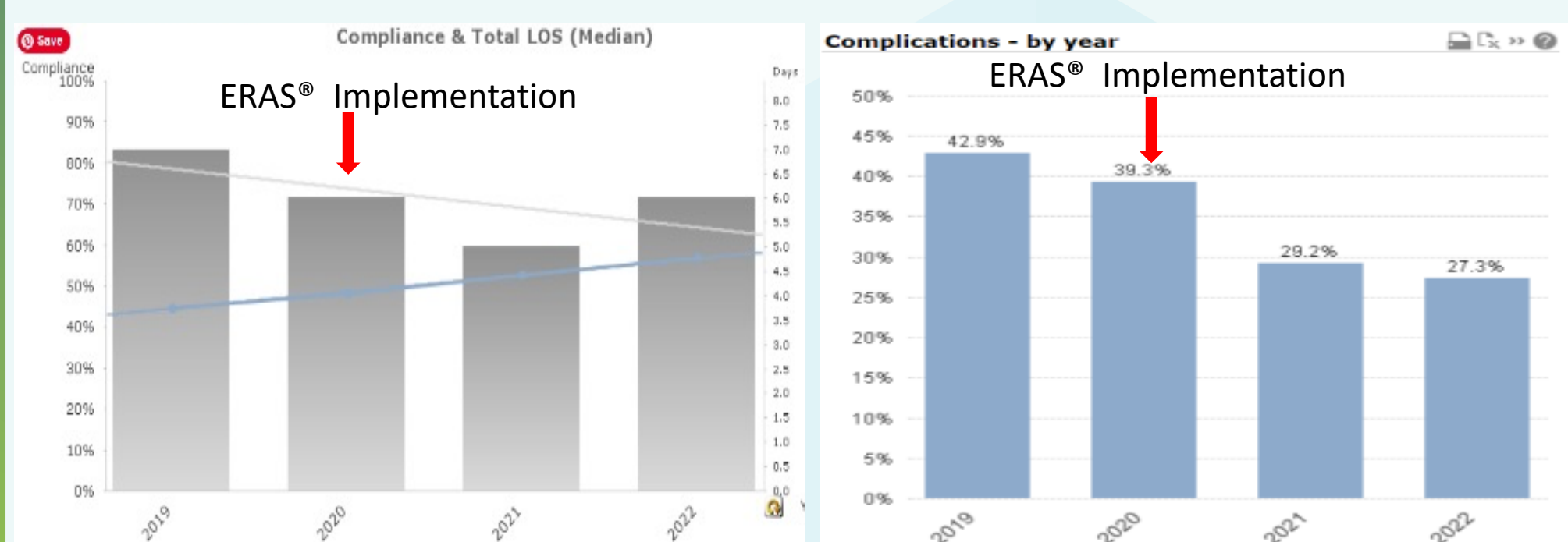
#### ERAS<sup>®</sup> colorectal program

	Pre Covid-19 Period (N=851)	Covid-19 Period (N=543)	P-value
Overall compliance	73.1	72.0	0.349
LOS (median)	5 (4-9)	5 (4-9.5)	0.644
Overall complications	37.7%	42.3%	0.275
Readmissions	62 (7.2%)	21 (3.8%)	0.008

🕒 There was no difference in compliance to the program, LOS and complications.

🕒 Readmission decreased during the pandemic

#### ERAS<sup>®</sup> breast surgery with reconstruction



- 🕒 Median LOS decreased from 7 to 5 days
- 🕒 Overall complications dropped after ERAS<sup>®</sup> implementation.
- 🕒 Compliance increased.

### Lessons Learnt

- 👥 The resilience of the ERAS<sup>®</sup> program is essential to sustaining compliance and maintaining good outcomes during the pandemic.
- 👥 New ERAS<sup>®</sup> subspecialty protocols can still be implemented successfully despite restrictions.
- 👥 Collective leadership with whole of program approach helped to overcome the challenges and difficulties encountered during the pandemic.
- 👥 The PRO framework of implementing, sustaining and scaling ERAS<sup>®</sup> protocols across subspecialties helps to build resilience into the perioperative care program in TTSH.